



Northumberland County Council

HEALTH AND WELLBEING BOARD

Date: 10 May 2018

0.25 Emotional Health and Wellbeing Strategy (EHWBS) and the 18/19 refreshed Local Transformation Plan (LTP)

Report of: Kate O'Brien on behalf of NHS Northumberland Clinical Commissioning Group

Cabinet Member:

Purpose of report

To provide the board with an update from the 0 -25 Emotional Health and Wellbeing Strategy (EHWBS) and a presentation regarding the 18/19 refreshed Local Transformation Plan (LTP).

Recommendations

It is recommended that the Health and Wellbeing Board:

1. Acknowledge the progress of the EHWBS

Link to Corporate Plan This strategy links to all of the Corporate Plan's key themes and operating principles

Background

In August 2015, NHS England produced guidance for health and care economies on the development of Local Transformation Plans to support improvements in children and young people's mental health and wellbeing. The guidance was designed to empower local partners to work together to lead and manage change in line with the key principles of the Future in Mind publication. The guidance:

- Set out the strategic vision for delivering improvements in children and young people's mental health and wellbeing over the next 5 years.
- Outlined a phased approach to securing locally driven sustainable service transformation.
- Provided guidance to support local areas in developing their local transformation plans through a planning process that can be tailored to meet the individual needs and priorities of different local areas.
- Provided information on the assurance process and programme of support that will be available.

Key issues

Northumberland first published our original Local Transformation Plan (LTP) in October 2015. The refreshed document will reflect our thoughts and plans and seeks to demonstrate how we have developed and improved services for children and young people in Northumberland.

The scope of the Northumberland Emotional Health and Well Being strategy (EHWBS) (which informs our Local Transformation Plan) covers the full spectrum of service provision and addresses the needs of all children and young people including the most vulnerable, making it easier for them to access the support they need when and where they need it.

All of the current objectives for 2015, 16 and 17 have been achieved and the 2018 objective are on track for completion by year end. Significant investment was made into the primary care mental health team (early intervention and prevention work) which dovetailed with the redesign and provision of the 0-19 resilience strategy outcomes. This investment doubled the size of the previous service and facilitated a support lines for schools which provides advice and signposting for teachers who identify a child with an emerging mental health need. This has secured more referrals into the `hubs` (the multiagency weekly meeting which serve as the initial point of contact for most referrals into all children's services) for children with emerging low mood or anxiety.

Both mental health providers (Northumberland, Tyne and Wear Trust and Northumbria Healthcare Trust have secured the release of staff to train in the delivery of psychological therapies and as a result more children can be offered therapy at an earlier stage of their emotional ill health.

Considerable amounts training has taken place within schools and children's social care and there is now a menu of training opportunities for key partners to access either for small cohorts or the wider workforce. This has been strengthen with the post 16 therapy and training offer commissioned from Talking Matters Northumberland who provide primary care mental health interventions countywide.

Following an increase in wait times in in secondary children and young people's services (CYPS) particularly in relation to the neuro developmental pathway, the provider and CCG have worked to jointly produced action plan. This plan has resulted in an improvement in overall performance but further system wide work is required.

	Q1 17/18 Snap Shot	Q2 17/18 Snap Shot	Q3 17/18 Snap Shot	W/C 05 02 18	W/C 12 02 18	W/C 19 02 18	W/C 26 02 18	W/C 05 03 18	W/C 12 03 18	W/C 19 03 18	W/C 26 03 18	W/C 02 04 18	W/C 09 04 18	W/C 16 04 18
0-4 weeks	118	84	110	104	102	91	79	100	96	109	105	94	105	89
4-6 Weeks	45	31	48	17	17	28	44	40	32	27	29	50	42	36
6-8 Weeks	49	16	22	42	33	15	14	25	44	36	27	24	27	40
8-10 Weeks	40	34	36	35	29	37	31	13	12	23	43	27	28	19
10-12 Weeks	13	59	34	27	35	31	25	32	25	12	11	32	40	26
12-18 Weeks	109	92	50	72	71	70	72	70	65	74	71	55	34	45
18-30 Weeks	47	105	133	97	99	83	70	63	60	49	46	45	29	15
More than 30 Weeks	0	1	9	11	5	22	22	10	4	0	0	0	0	0
Waiting List	421	422	442	405	391	377	357	353	338	330	322	327	305	270

Key Challenges

There remain particular issues in Northumberland to recruiting and retaining a skilled workforce in both the early intervention and specialty services. This is felt in all NHS and Local Authority services and as a result there have been gaps in psychiatry, primary care workers, social workers and CYPS. Whilst all services have dynamic recruitment policies

and processes this issue is not easily resolved and is has national recognition as a risk to the delivery of psychological based strategies.

Workforce issues coupled with increased demand have resulted in an increase in waiting times within CYPs services. Whilst improvements have been made the pathway between early help and specialist care remains of significant concern and requires a whole system approach to improve. This redesign is being led by the CCGs System Transformation Board and is a 2018 /19 commission intention.

When launched the delivery of the plan was supported by a small amount of funding. The ambition of the plan was predicated on CCGS, Local Authorities and Education being able to make investments over the 5 years of the plan. Given Northumberland’s economic position this has been extremely challenging and the plan was implemented as either cost neutral or with minimum non recurrent funding.

Conclusion and implications

The 0-25 emotional health and wellbeing strategy is well on track for complete delivery in 2020. By 2020 we will have created a sustainable system wide service transformation to improve children and young people’s mental health and wellbeing including for the most vulnerable such as looked after children, those vulnerable to sexual exploitation, adopted children or those who have learning difficulties, closing the treatment gap so that more children and young people with concerns about their mental health can access timely and high quality care coordinated with other support they are receiving.

Policy	Any suggested policy implications will be proposed as separate recommendations with supporting evidence
Finance and value for money	NA
Legal	NA
Procurement	NA
Human Resources	NA
Property	NA
Equalities (Impact Assessment attached) Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/> X	
Risk Assessment	Not undertaken

Crime Disorder &	NA
Customer Consideration	NA
Carbon reduction	NA
Wards	This report relates to the health and wellbeing of all wards

Background papers:

N/A

Report sign off.

Authors must ensure that officers and members have agreed the content of the report:

	initials
Monitoring Officer/Legal	NA
Executive Director of Finance & S151 Officer	NA
Relevant Executive Director	NA
Chief Executive	VB
Portfolio Holder(s)	

Author and Contact Details

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